



Weld RE-3J Elementary

February
2023

Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken Fried Rice Ham Deli Sandwich Steamed Peas Baby Carrots Diced Peaches Banana 1% Milk	2 Chicken Nachos Ham Deli Sandwich Spiced Pinto Beans Baby Carrots Diced Peaches Banana 1% Milk	3 Pepperoni Pizza Ham Deli Sandwich Roasted Corn Baby Carrots Apple Slices Banana 1% Milk
6 BBQ Pork on Whole Grain Bun Chicken Caesar Wrap Black Beans Tomato & Cucumber Salad Diced Peaches Fresh Orange 1% Milk	7 Crispy Chicken Nuggets Chicken Caesar Wrap Roasted Broccoli Tomato & Cucumber Salad Apple Slices Fresh Orange 1% Milk	8 Macaroni & Cheese Chicken Caesar Wrap Roasted Corn Tomato & Cucumber Salad Diced Peaches Fresh Orange 1% Milk	9 Chicken Quesadilla Chicken Caesar Wrap Corn & Black Bean Salsa Tomato & Cucumber Salad Pineapple Tidbits Fresh Orange 1% Milk	10 Pepperoni Pizza Chicken Caesar Wrap Steamed Carrots Tomato & Cucumber Salad Diced Pears Fresh Orange 1% Milk
13 No School	14 BBQ Chicken Sandwich Buffalo Chicken Fajita Wrap Steamed Corn Cherry Tomato Fresh Mixed Fruit Fresh Grapes 1% Milk	15 Pork Carnitas Tacos Buffalo Chicken Fajita Wrap Refried Beans Cherry Tomato Pineapple Tidbits Fresh Grapes 1% Milk	16 Cheeseburger on a Bun Buffalo Chicken Fajita Wrap Roasted Broccoli Cherry Tomato Apple Slices Fresh Grapes 1% Milk	17 No School
20 Presidents' Day No School	21 Crispy Chicken Nuggets Ham and Cheese Charcuterie Green Beans Baby Carrots Diced Peaches Banana 1% Milk	22 Grilled Cheese Sandwich Ham and Cheese Charcuterie Tomato Soup Baby Carrots Pineapple Tidbits Banana 1% Milk	23 Meatloaf Ham and Cheese Charcuterie Mashed Potatoes Steamed Peas Apple Slices Banana 1% Milk	24 Pepperoni Pizza Ham and Cheese Charcuterie Roasted Corn Baby Carrots Diced Pears Banana 1% Milk
27 Chicken BLT Flatbread Honey Mustard Ham Wrap Baked Beans Cucumber Slices Diced Peaches Fresh Pear 1% Milk	28 Pasta with Meat Sauce Honey Mustard Ham Wrap Steamed Green Beans Cucumber Slices Diced Peaches Fresh Pear 1% Milk			

PRICES

Elementary Paid	\$2.95
Secondary Paid	\$3.20
Adult	\$4.00
Extra Milk	\$5.00

EXTRA INFO

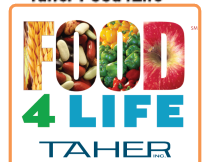
A choice of 1% white or chocolate milk is offered daily. For questions or concerns, please contact Matthew Wallwork, Food Service Director, at matthewwallwork@re3j.com.

HARVEST OF



THE MONTH

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